



Compassion in Action

How You Can Make a Difference

Compassion in Action:

How You Can Make a Difference

Dear Friends,

Every day, someone in our community faces a moment of uncertainty: a mother choosing between food and medicine, an older adult leaving the hospital to return home alone, a family unsure where to turn for help. In those moments, compassion in action makes all the difference.

For over 28 years, Partners in Care Foundation has been there to meet people at those crossroads. With your support, we have reached more than 2.8 million lives, restoring dignity, improving health, and strengthening hope. Our mission is clear: to improve health outcomes by bridging healthcare and community-based services—empowering people to live safely, heal fully, and thrive.

Through our *Community Care Hub*, we partner to bring healthcare together with more than 100 community-based organizations across California so that medical needs and upstream drivers of health are addressed as one. This is

how we build a future where care is whole, connected, and centered on people rather than systems.

This year, we share the stories of people whose lives were changed because of you, where barriers to health were lifted, crisis gave way to stability, and isolation was replaced with connection and hope.

You have the power to make a difference. With your gift today, more people will find safety, strength, and the opportunity to thrive. Each act of giving is a reflection of compassion in action.

With sincere appreciation,



Manoj K. Mathew, MD, SFHM
Board Chair
Partners in Care Foundation



June Simmons
President and Chief Executive Officer
Partners in Care Foundation

Bridging Hope When Care Can't Wait

Imagine waiting four years for life-changing care.

Across California, thousands of medically fragile people are placed on waitlists for the services that could keep them safe and stable at home. The Home and Community-Based Alternatives (HCBA) Waiver provides that vital support, but limited capacity leaves many without the care they urgently need.

When Sara was referred to Partners in Care Foundation, she had just returned home from a long hospital stay. Her health was fragile, and her family was overwhelmed. She was placed on the HCBA waitlist, unsure how she would recover or care for herself.

That uncertainty is where Partners steps in. We do not wait for programs to become available; we act.

Our staff understand the systems, the funding mechanisms, and the people who make care possible. That deep local presence allows us to bridge what happens within the healthcare system with what happens at home.

Through our statewide Community Care Hub, and in partnership with more than 100 community-based organizations across California, we unite care across communities—**mobilizing quickly to connect people with the services and supports that empower them to live safely, heal fully, and thrive.**



For Sara, that meant access to CalAIM's Enhanced Care Management (ECM) and Community Supports. Her Partners care manager coordinated appointments, arranged home-delivered meals, and ensured she had daily help to regain her strength. When her waiver slot finally opened, Sara didn't have to start over. Her care continued without interruption.

Most people in Sara's situation would be left to navigate the system alone. Partners changes that.

Your gifts make this possible. Without you, Partners could not step in when programs are unavailable or waitlists stretch for years. Every gift helps us reach those who have nowhere else to turn, providing care, stability, and hope when it is needed most.



A New Step Forward

How one class helped older adults rediscover confidence, connection, and joy.

For many older adults, the fear of falling isn't just a fear—it's a quiet thief. It takes away independence, confidence, and connection. A single fall can change everything: grocery trips end, friendships fade, and the world begins to shrink.

That was the reality for Georgina, a MyPlace Health member who had fallen several times. Once outgoing and social, she now spent most days alone, afraid that another fall might leave her unable to recover. "It's not just the pain," she said. "It's the worry that next time, no one will be there to help."

Then Georgina joined *A Matter of Balance*, a class offered through Partners in Care Foundation's Community Wellness program in partnership with MyPlace Health. From the first day, she noticed something different; warmth, laughter, and a sense of belonging. The class didn't just teach balance techniques; it reminded participants that they were capable, strong, and not alone.

At first, Georgina moved slowly, watching others from the sidelines. But week by week, encouragement replaced fear. She began to trust her body again. She started to laugh more, stay after class to share stories,

and cheer on her classmates. The room that once held quiet hesitation became a place of energy and joy.

"They came in uncertain, some barely speaking," said one instructor. "Now they arrive early, they talk, they laugh—they've built a community of friendship and support."

The difference was profound. One participant proudly shared that what she learned helped her avoid a dangerous fall at home. Another, once reliant on a walker, now walks confidently with a single cane. And Georgina? She's back to walking to the park each morning, not because she has to, but because she can.

This transformation didn't happen by chance. **It happened because of Partners in Care Foundation and MyPlace Health, and because of caring donors like you.** Your support makes it possible to turn fear into confidence, isolation into connection, and uncertainty into hope.

"I didn't just learn how to keep my balance," Georgina said. "I learned how to live again."

Every gift helps more people take that first step forward—toward strength, friendship, and a life lived with confidence and joy.



How You Can Make a Difference

You can be the reason someone feels safe, cared for, and seen.

Every dollar you give creates real impact: nourishing meals for an older adult, relief for an overwhelmed caregiver, or the support someone needs to heal safely at home.

Each contribution, no matter the amount, becomes part of a shared circle of care that restores comfort, stability, and hope when it is needed most.

Ways to Donate



Online: www.picf.org/compassion



Mail: Partners in Care Foundation

732 Mott Street, Suite 150
San Fernando, CA 91340



DAF/IRA

Support us through a Donor Advised Fund (DAF) or an IRA charitable distribution.

Visit bit.ly/3WcW95h



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Check to see if your employer offers a matching gift program. Some even match donations made by retirees or spouses. It's an easy way to make your generosity go twice as far.

Visit bit.ly/4hd2K9o



For assistance with these or other giving options, please reach out to your Donor Advised Fund sponsor, attorney, or IRA administrator. You can also contact Karen Schneider at kschneider@picf.org for guidance or visit bit.ly/4hd2K9o



Here are a few of the ways your gift can make a difference:

\$2,500 Can help a family in crisis access much-needed respite care

\$1,000 Can sponsor wellness and mobility classes for older adults

\$800 Can train a future Community Health Worker who bridges health and community

\$600 Can provide essential adult clothing and hygiene items

\$400 Can help older adults/families stay safe and comfortable at home through vital utility support

\$200 Can deliver nutritious meals to older adults in need

\$100 Can assist a child facing complex medical challenges

\$_____ Other amount

www.picf.org/compassion



Give today
and be the reason
someone finds
safety, strength,
and hope

To receive a charitable deduction on your 2025 tax return,
please make your gift by December 31.
You may submit your donation by mail or online.



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