



August 31, 2017  
Vol. 2, No. 2

# LAACHA Update

Newsletter for members of the Los Angeles Alliance for Community Health & Aging

## Save the Date

**LAACHA  
General Meeting  
October 17, 2017**  
12:30 PM – 3:30 PM

*Networking and Brown Bag Lunch*  
12:30 PM – 1:30 PM

**Location:**  
LA County Workforce  
Development, Aging and  
Community Services  
3175 W Sixth St.  
Los Angeles, CA 90020  
Collaboration Room #105

### *Comments, Ideas, Contributions*

Please contact:

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### *Our Mission*

To increase accessibility and reach of evidence-based health promotion programs for at-risk, marginalized, older adult residents, caregivers, and families in Los Angeles City and County through collaboration among community organizations and health systems.

## Member Spotlight

By Viviana Criado



### Partners in Care Foundation

June Simmons, Chief Executive Officer  
[jsimmons@picf.org](mailto:jsimmons@picf.org)

### Partners in Care Foundation Receives National Spotlight for Innovative Approach to Securing Contracts

On August 3, 2017, [Partners in Care Foundation](#) was featured in a case study released by the [Business Acumen Initiative](#) (BAI). The BAI is an initiative established by the [Administration for Community Living](#) (ACL) and the [National Association of Areas Agencies on Aging](#) to increase the readiness of aging and disability organizations to contract with integrated health care organizations. The case study presented [here](#) highlights steps on how Partners in Care Foundation contracted with a health payer to provide social services for supporting better health outcomes and building a new revenue stream. This case study is part of the BAI's larger effort to feature the activities of community-based organizations (CBOs) to secure contracts and develop relationships with partner organizations. Please check out this resource and learn how they have won and grown their contracts, and the many valuable lessons-learned. Our congratulations to Partners in Care Foundation and to June Simmons, their Chief Executive Officer, on receiving a well-deserved national [spotlight](#)!

Since 1997 Partners in Care Foundation, one of our five LAACHA founding partners, has been dedicated to designing and implementing new models of evidence-based care that address the key social determinants of health, and has worked tirelessly to champion the integration of community-based and social services into health care delivery, while establishing the organization as a national leader in health care reform.

*Do you have a story to share? LAACHA Update is seeking LAACHA members to feature in this column. We want to hear about your successes and challenges in implementing EBPs. Contact Viviana Criado ([vcriado@ph.lacounty.gov](mailto:vcriado@ph.lacounty.gov)).*

LAACHA Steering Committee



## LAACHA General Membership Meeting Highlights

More than 40 LAACHA members attended the last General Membership 3-hour meeting held on June 19<sup>th</sup> at the Los Angeles Workforce Development and Aging Community Services' Community Collaboration Room in downtown Los Angeles. The agenda, revamped to meet the needs of our members, provided networking, educational and skill-building opportunities, in addition to the well-liked regular updates.

### Networking Activity

*"What can we accomplish together that we can't do alone"*

As part of the networking activity, LAACHA members were asked to work in small groups and to answer the question, "What can we accomplish together that we can't do alone." Through a sequential process involving brainstorming, prioritization, and reporting back, meeting participants were able to identify short term priorities to be accomplished within the next three months. Next steps for the networking activity were articulated by Steering Committee members Cynthia Banks and Laura Trejo.

### Panel Presentation

#### *Building Partnerships with Health Care Providers*

Moderated by Katheryn Howell (LAACHA Manager, Partners in Care Foundation), a panel of presenters: Rachel Allen (Program Manager, Kaiser Permanente), Dulce Salazar (Program Manager, Northeast Valley Health Corporation), Maria Guerrero (Northeast Valley Health Corporation), Telma Menendez (Wellness Coordinator, LAC+USC Wellness Center), and Rigoberto Garcia (Director of Health Education, Venice Family Clinic) shared their experiences and the best practices utilized by their respective agencies to effectively build collaborative relationships with health care partners when seeking to implement Self-Management Programs. The Question & Answer period provided opportunity to expand on topics presented, while addressing questions presented by LAACHA members.

### Capacity Building

The last portion of the meeting presented attendees with two concurrent skill building opportunities. The first of the sessions (Session A) entitled, *Improving Patient Care Quality: Marketing Evidence-based Self-Management Programs to Health Care Providers*, introduced participants to a proven model and a draft of the LAACHA Marketing Toolkit for promoting Chronic Disease Self-Management and Physical Activity Evidence-Based Practices to health care providers in their communities. Next steps for the completion and dissemination of the toolkit were also discussed.

*(Continues in page 3 >>>)*

**"What can we accomplish together that we can't do alone"**

### Priorities

*Group 1:*

*Collective Change -Speak to elected officials - E-blast "Do not stop funding care for older adults"*

*Group 2:*

*Combine powers of organizations as an Alliance*

*Group 3:*

*Build collaborative partnership to share resources*

*Group 4:*

*Build repository of shared resources*

*Group 5:*

*Advance Community Informed Practices*



LAACHA members actively engaged in a Networking Activity

## Highlights & Scenes from the June 19<sup>th</sup> General Membership Meeting

### *(Meeting highlights continued...)*

The second of the skill building sessions (Session B) was an introductory session. Entitled, *Organizational Sustainability: The Keys to a Healthy Organization*, this session provided an overview and the key components to organizational sustainability and capacity building, as well as an introduction to evidence-based tools for the assessment, monitoring, and the planning of organizational health. Session attendees found the information provided very helpful and expressed interest in learning more about this topic.

### Meeting Evaluation

Based on the results of the post-meeting survey, from 23 respondents:

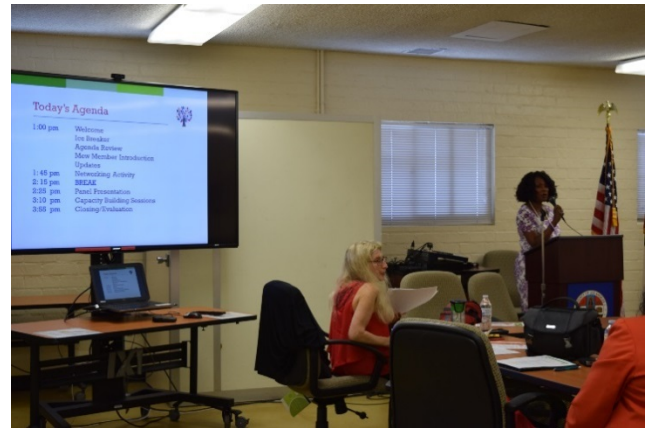
- Better than 91% (20) found the meeting to be “very productive” or “productive.”
- 87% of the respondents “strongly agree” or “agree” with the statement:” The topics covered were relevant to me.”
- 87% “strongly agree” or “agree” with the statement “I intend to incorporate the new information into my work.”
- The “Networking Activity” was ranked as the most useful session.

### LAACHA’s Next Steps

In the coming weeks, Viviana Criado (LAACHA, Project Coordinator) will be reaching out to all LAACHA members with an invitation to join one or more of the workgroups listed below, and to continue working on the priorities (see page 2 – top corner) identified as part of the Networking Activity: *“What can we accomplish together that we can’t do alone.”*

#### LAACHA Workgroups

- Advocacy (Individual, Community and Systems)
- Resource Sharing Planning
- Advancing Community Informed Practices
- Marketing & Referral Network Development
- Sustainability



Cynthia Banks, Director, WDACS and a LAACHA Steering Committee member - Welcoming LAACHA General Membership meeting attendees



Dr. Janet Frank (far right), Adjunct Professor in Community Health Sciences, UCLA Fielding School of Public Health – Facilitating Capacity Building (Session A) workshop: Marketing EBPs to Health Care Providers



Leslie Robin (second from left), Senior Consultant, Center for Nonprofit Management – Facilitating Capacity Building (Session B) workshop: Organizational Sustainability

## OPPORTUNITIES

### Training

#### ACL/American Society on Aging Webinar: Identifying and Supporting Dementia Caregivers in Healthcare Settings

Tuesday, September 12, from 2 PM ET to 3 PM ET.

This webinar will define the challenges and benefits of including family caregivers as members of the healthcare team.

**Webinar presenters:** Debra Cherry, Alzheimer's Greater Los Angeles and Alan B. Stevens, Center for Applied Health Research. **Register now for FREE** (Includes complimentary CEUs)

#### CMS Medicare-Medicaid Coordination Office (MMCO) Webinar: Taking Charge! Evidence-Based Self-Management Programs

Wednesday, September 13, 2017, from 12:00 PM to 1:30 PM EDT

This webinar will provide an overview of evidence-based chronic disease self-management education (CDSME) programs and highlight how these programs can help plans and providers work with patients to take charge of their conditions.

**Webinar Presenters:** Kate Lorig, DrPH, Director, Stanford Patient Education and Research Center; Kristie Kulinski, MSW, Office of Nutrition and Health Promotion Programs, Administration for Community Living; April Holmes, MEd, Coordinator of Prevention Programs, Virginia Department for Aging and Rehabilitative Services. To register, **click here**. **Note:** *Those that are away from a computer, smartphone, or tablet on the day of the event can email [RIC@lewin.com](mailto:RIC@lewin.com) for dial-in information.*

#### PIH Health: FREE Diabetes Self-Management Program (DSMP) Leaders Training

September 22, 23, 29, and 30 (Fridays & Saturdays) from 9 AM - 4:30 PM

**Note:** *Limited space available.* (must attend all four days). To register, training location and other details, please call (562) 967.2890. Lunch and refreshments will be provided (apologies, but we cannot accommodate special food requirements).

#### Kaiser-Permanente: FREE Healthier Living (CDSMP) Leader Training

October 12, 13, 19 & 20, 2017

**Note:** There is no registration fee, however Kaiser asks for these commitments: Attend all days of the 4-day training, arrive on time and be prepared for interaction and public speaking, plan to lead a Self-Management workshop within 6 months of your leader training, provide licensing information from the organization where you will be leading workshops. **Lunch & Parking Information:** Lunch provided. Please pull a parking ticket as you enter the parking garage. Parking validations will be provided at the training.

**Register**

### Resources

#### Tools for Implementing an Evidence-Based Approach in Public Health Practice:

Julie A. Jacobs, MPH; Ellen Jones, PhD; Barbara A. Gabella, MSPH; Bonnie Spring, PhD; Ross C. Brownson, PhD, 2012

This article presents easily accessible and time-efficient tools for the implementation of Evidence-Based approaches to improve population health. Find the full article [here](#).

**A Framework for Disseminating Evidence-Based Health Promotion Practices:** Jeffrey R. Harris, MD, MPH, MBA; Allen Cheadle, PhD; Peggy A. Hannon, PhD, MPH; Mark Forehand, PhD; Patricia Lichiello, MA; Eustacia Mahoney; Susan Snyder, MS; Judith Yarrow, MA, 2012

This article presents a framework for the development, testing and effective dissemination of evidence-based practices. Find the full article [here](#).

### Education

#### California Summit on LTCSS: Advancing a Unified Vision While Navigating New Realities

Thursday, October 26, 2017  
8:00 AM – 6:00 PM

*Sacramento Convention Center*  
1400 J St, Sacramento, CA 95814

**Register now for free**

Participants will hear from national and state policy leaders and engage with consumers, providers, advocates, researchers, and other stakeholders. For additional information, please contact GACI at: Phone: (916) 832-8019, or E-mail: [Mariya@gacinstitute.org](mailto:Mariya@gacinstitute.org)

#### 2017 C4A Annual Meeting and Allied Conference: "Aging is All About Living"

November 14 – 16, 2017  
*Sheraton Gateway Los Angeles Hotel*  
Los Angeles International Airport

**Register**

The C4A Annual Meeting & Allied Conference is the only integrated conference for aging and long term care in California that brings together professionals from the fields of health aging, long term care, education and behavioral health. This year's conference will showcase the most innovative and effective best practices in California, as well as a forum for discussion on priority aging and health policy. To obtain additional information, please contact C4A at: Phone: (916) 443-2800, or E-mail: [aging@c4a.info](mailto:aging@c4a.info)