

Two Leading Hospitals and a Renowned Medical Group to Adapt Partners' Palliative Care Models

Partners in Care's core work is now entering a phase of even greater impact locally, regionally and nationally as new models of care are implemented to positively touch the lives of many.

Pasadena's Huntington Hospital and Presbyterian Intercommunity Hospital in Whittier are new venues that will further the development of a palliative care model program designed to support patients with life-limiting conditions. The palliative care team of physicians, nurses, social workers and other professionals provides extensive patient and family education on the disease or medical condition, treatment choices, brings expertise in symptom control, and offers psychosocial support aimed at assisting the patient and family in optimizing this precious time in life. The palliative care model has proven to significantly improve patient and medical team satisfaction with care and also to reduce hospital costs.

Through support from UniHealth Foundation, Huntington Hospital is implementing an Inpatient Palliative Care model; while Presbyterian Intercommunity Hospital is adapting the In-Home Palliative Care

model. For both, Partners will evaluate the impact of the innovations on patient satisfaction and quality of life, as well as health care utilization and expenditures.

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Partners Receives 2008 NCOA Molly Mettler Award

In recognition of Partners' significant contribution to health promotion for older adults, its visionary President/CEO, W. June Simmons has received the 2008 Molly Mettler Award from the National Council on Aging's Health Promotion Institute. As the program office for the California Evidenced-Based Health Promotion initiative, Partners' work in the Aging Well arena focuses on creation and dissemination of evidence-based methods for prevention and self-management of chronic illnesses. Ms. Simmons received the award at the 2008 Aging in America Conference where she was also a co-presenter of "Aging Services Network and the Future of Long-Term Care" with U.S. Assistant Secretary for Aging, Josefina G. Carbonell.



Kaiser Foundation Health Plan and Hospitals Chairman/CEO
George C. Halvorson
Honored with Mathies Award at Partners' 2008 Vision and Excellence in Healthcare Leadership Tribute Dinner

*Read more in the
Special Tribute Dinner Section inside*

George C. Halvorson makes his acceptance remarks after receiving the 2008 Mathies Award at the Partners' Tribute Dinner.

An Evening Devoted to Healthcare Reform

By all counts, Partners' Tribute Dinner honoring George C. Halvorson as this year's distinguished Mathies Award recipient provided all of those attending with the inspiration to continue the quest to improve health care for everyone. And as Mr. Halvorson remarked, "...Partners is doing such good work... by thinking differently about the way care is delivered, then truly making that difference by working in collaboration with Kaiser Permanente and other organizations. It's been 10 great years and what we need now is 10 more."



Seth Ellis

As we enter Partners' 10th Anniversary Year, we remember what has now become an important tradition, the creation of the annual Vision & Excellence in Healthcare Leadership Tribute Dinner to recognize the vital role leadership plays in initiating and developing change in health care. The annual Mathies Award calls attention to specific healthcare leaders who have made or are making positive change for their stakeholders and for the healthcare community as models of care to emulate.

We thank George C. Halvorson for taking time out of his non-stop travel schedule and running one of the nation's largest managed healthcare organizations to accept the Mathies Award and to salute Partners' 10-year Anniversary – to acknowledge all of us who support the important work of changing the shape of health care.

We especially thank our event sponsors, who made this evening possible through their generous contributions. Kaiser Permanente, Walgreens, Catholic Healthcare West, Cedars-Sinai Health System, Citi, Eileen Goodis and Eric Strom, Earl and Davida Racine, Health Net, L.A. Care Health Plan, Lockton Insurance Brokers, LLC, Southern California Edison, California Hospital Association, Musick, Peeler & Garrett, LLP, Owens & Minor, Inc., the Sullivan Group and the many other organizations and individuals who, by their donations and presence support Partners' mission and the compelling process of collaboration to improve health care now.

We thank you all and know that the next 10 years will bring powerful accomplishments through continued collaboration to create, implement and disseminate innovations having great positive impact on the health of individuals and communities.

Seth Ellis
Chair, Board of Directors

Partners Invited to Join National Initiatives to Share Strategic Vision

As innovations developed locally by Partners in Care become increasingly visible to prominent national organizations Partners has been invited this past year to participate as a key leader in initiatives to improve the delivery of health care in the United States.

The Institute for Healthcare Improvement (IHI), noted as one of the nation's most distinguished organizations leading improvement of health care throughout the world, has appointed Partners' President/CEO W. June Simmons to the faculty for its *Triple Aim Initiative*, which addresses community-based interventions to improve the patient experience and the health of communities at a reasonable per capita cost. Partners will contribute its extensive healthcare experience creating new models of care along with first hand experience as the program office for California evidence-based programs designed to empower the wellness of older adults through prevention, early detection and self-care practices. Partners' focus in this effort is on the experience of the individual and on creating partnerships with community organizations to address those identified needs beyond medical care itself. IHI's *Triple Aim Initiative* is being tested by 14 sites who have developed models for the Triple Aim Framework. IHI plans to launch 50 additional sites.

At the invitation of the City of Los Angeles Area Agency on Aging, Partners has also joined the **U.S. Department of Health and Human Services (HHS) Hispanic Elders Initiative** as local Hispanic healthcare issues become more clearly aligned with national organizations such as the Administration on Aging and National Council on Aging and the Agency for Healthcare Research and Quality. Partners will represent Los Angeles as one of eight cities chosen to develop and implement a plan to address specific healthcare challenges experienced by the aging Hispanic population. Team Los Angeles is using data to decide where to target community based interventions for greatest effect including: flu shots, diabetes screenings and self-care management; cardio vascular and cancer screening services, smoking cessation programs, and low-cost evidence-based prevention programs. Nationwide, current statistics show that Hispanic elderly have a rate of diabetes of 21% as compared to 14.3% for non – Hispanics, prompting many local teams to address diabetes self management.

Kaiser Foundation Health Plan and Hospitals Chairman/CEO George C. Halvorson Honored with Mathies Award at Partners' 2008 Vision and Excellence in Healthcare Leadership Tribute Dinner

A capacity audience of healthcare and business leaders, family and friends honored George C. Halvorson for his outstanding achievements

2008 Vision & Excellence
in Healthcare Leadership

Tribute Dinner
honoring
George C. Halvorson

as a visionary and leader in health care, as Partners in Care presented the esteemed Chairman and CEO of Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals with the prestigious 2008 Mathies Award at Partners' 9th Annual Vision and Excellence in Healthcare

Leadership Award. The Tribute, held April 28th at the Beverly Hills Hotel, also marked the beginning of Partners' 10th anniversary year.

"The Mathies Award calls attention to exceptional healthcare community and private sector leaders who step forward and make major impacts in improving healthcare delivery services. George C. Halvorson exemplifies the true meaning and spirit of this award," noted Seth Ellis, Chair of Partners Board of Directors.

Initiated and named in honor of Partners' founding Chair and the first award winners, Dr. Allen & Weta Mathies, the Mathies Award is given each year in recognition of an innovative and creative leader in the professional healthcare community whose dedication and accomplishments are making meaningful changes in improving healthcare.

Representing Walgreens, Tribute Dinner Silver Sponsor, is Eileen Goodis, VP Business Development, Walgreens Health Services (left) who is thanked by June Simmons, President and CEO of Partners.



As Chairman and CEO of Kaiser Foundation, Mr. Halvorson has led significant organizational progress in improving best practices, patient communications, information technology, and outcomes tracking in the nation's largest nonprofit health plan serving more than 8.7 million members. With more than 30 years of healthcare management experience, Mr. Halvorson is author of four books and numerous articles, consultant, and speaker on his vision of moving healthcare change forward. He is a powerful advocate for basic change in U.S. health system and a major influence internationally.

"Mr. Halvorson's innovative, pro-active leadership points to the steps necessary to improve health care so it works better for all," explained W. June Simmons, President and CEO of Partners. "Under his leadership, our project partnerships with Kaiser have brought innovative approaches which have increased patient satisfaction with quality of care while reducing the cost of care results that have been replicated in the Kaiser system and beyond. It is his understanding and support of transformational change that deserves high recognition."

Previous Mathies Award honorees are: Lloyd Dean, Chairman and CEO of Catholic Healthcare West; Dr. Francine Kaufman; Thomas M. Priselac, President and CEO, Cedars-Sinai Health System; C. Duane Dauner, President and CEO of the California Healthcare Association; Robert E. Tranquada, M.D.; James E. Ludlam, J.D.; Yoshi Honkawa; and Dr. Allen & Weta Mathies. For more information, visit: www.picf.org/events



C. Duane Dauner, President and CEO, California Healthcare Association, shares his thoughts on what vision and excellence means in healthcare reform.



Seth Ellis, Chair of Partners' Board, COO & VP of the Motion Picture & TV Fund, joins Dr. Benjamin K. Chu, President, Southern California Region of Kaiser Permanente.

Excerpts from remarks given by June Simmons:

Changing the Shape of Health Care 10 Years Later

It's a true testament to Partners' work that 10 years since our inception we continue to have the most exceptional and generous Tribute Dinner Sponsors, and it is no coincidence that we also have the gift this year of honoring an internationally recognized healthcare leader and intellect, George C. Halvorson. Maybe even more notable as we enter Partners' 10-Year Anniversary is the understanding by all that the healthcare landscape is even more dramatically in need of change, or as Mr. Halvorson would say "Health Care Reform Now." To get there, we all need to better understand the pressures for change. Understanding these pressures and addressing them is the core of Partners' work.

Data Measurement and Niche Change

We benefit on a daily basis from the computing power at our fingertips, measuring data, and as we all know, without measurement there is no real change. Through the power of data we are able to see what works for people, how we can touch more lives in a better way. We have found that we can have great impact by choosing niche changes. They are big niches, and we are able to partner with providers, health plans, physician groups and community groups to collaborate to address large populations where there is great suffering, and a lot of cost.

Creating Choices

It is even more evident after 10 years that the most powerful way to create positive impact on lives and the healthcare system, is to become involved "upstream," early on, before the ER visits or before the onset of illness that can't be managed. Through prevention, early intervention and consumer choice and enhanced self-care the healthcare system can be more responsive and

efficient; and quality of life and independence can be maintained.

Such choices include home palliative care as evidenced by our project with Kaiser, In Home Palliative Care, which has become a national Kaiser benefit. Primary care reform and systems that ease the burden on physicians and enable individuals to manage medications and chronic conditions are other important changes. Evidence-based programs that Partners can effectively implement statewide in partnership with state leaders in aging and public health support prevention, early intervention and self-care management tools that can be made available to the State's rapidly growing aging population.

Alignment of Vision

One of the greatest rewards of our 10 year effort is that we continue to have the continuity of a fully dedicated, passionate Board of Directors tirelessly committed to Partners' mission of "Changing the Shape of Health Care". Perhaps one of the most exciting developments after a decade of full focus, is the number and stature of local, regional and national initiatives that Partners' vision is aligned with as presented earlier in this publication, along with the local and regional, partnerships with primary care groups, hospitals and physicians that are growing monthly.

The Next 10 Years

Looking forward, we thank the many leaders who are fearlessly tackling the big challenges – such as George C. Halvorson, and the Kaiser Foundation Health Plan and Hospitals, and those leaders collaborating with Partners to create community-based innovations. We also very much hope the next decade will afford Partners the opportunity of working with those who will be new partners and innovators as we steadfastly continue our mutual commitment to changing the shape of health care so it works better for everyone.

Enjoying the Tribute Dinner festivities are (left to right): Wendy Sullivan, Gerald Sullivan, Partners' Board Member, Chairman, The Sullivan Group, and June Simmons, President and CEO of Partners.



Eve Kurtin, Board Member and Dinner Co-Chair, Managing Director, Pacific Venture Group; Board Member Cathi Cunningham, Partner, Strategic Relationship Management, Deloitte & Touche, L.L.P.; Jill Carlson; and Board Member Marta Fernandez, Jeffer Mangels Butler & Marmaro.



Sharing in the celebration are (left to right): George C. Halvorson, 2008 Mathies Award honoree, Lorie Halvorson, and Tom Sackville, Chief Executive of International Federation of Health Plans.

Partners' Care-A-Van Mobile Clinic Joins Antelope Valley Community Clinic After Achieving More Than a Decade of Success

On May 1st, 2008 the Care-A-Van mobile clinic, one of Partners in Care's earliest program innovations, joined the Antelope Valley Community Clinic where it will continue its vital mission of serving those most in need of basic health care services in the Antelope Valley region. Under its new leadership, the Care-A-Van will greatly contribute to the expansion of healthcare resources being developed for one of the nation's fastest growing areas.

The historic mobile health clinic was founded 12 years ago by the Visiting Nurse Association in partnership with United Way. Two years later Partners in Care Foundation became the lead agency for the Care-A-Van, still fortified by critical support from the United Way. All those involved saw the compelling need created by a tremendous gap in health care for families and children in the Antelope Valley. They soon improved the immunization rate for local school children from only 75% to an almost perfect 98%.



In the years that followed, the Care-A-Van successfully expanded its services to reach a larger population of low income youth and their families with community-based primary care services that included disease screening and treatment for diabetes, asthma, cancer and other chronic conditions, all of which have greatly contributed to a better quality of life for those served.

Partners in Care congratulates the Care-A-Van on its steadfast commitment to excellence through serving those most in need. Partners looks forward to the important work the Care-A-Van will accomplish as part of Antelope Valley Community Clinic.

Two Leading Hospitals

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HealthCare Partners, an innovative multispecialty medical group respected for its high quality care throughout Southern California, is also adapting the In-Home Palliative Care model to serve its seriously ill patients – for those who may or may not have a terminal diagnosis. It is anticipated that physician home visits and expanded team support will preserve patients' independence at home, prevent avoidable hospital and nursing home stays and improve overall quality of life. Partners is leading the research effort to determine the quality and cost-effectiveness of the program.

The new sites will extend the very positive results of the In Home Palliative Care project (IHPC) led by Kaiser Permanente and *Partners in Care Institute for Change Research Center*. Under the guidance of Kaiser's Richard Brumley, MD and Susan Enguidanos, PhD of Partners in Care, the IHPC project provided such very positive results for improved patient outcomes and systems change benefits, that this palliative care model has been adopted by Kaiser system-wide as a standard of care.

A Model Program to Help Keep Seniors Out of Nursing Homes Gains Additional Sites

Partners' Medication Management Improvement System (MMIS), a Medi-Cal program aimed at keeping extremely frail, low income elders out of nursing homes, is rolling out at three Multipurpose Senior Services Program sites. The new sites include: SCAN Health Plan's Independence at Home, AltaMed, and Huntington Senior Care Network. Partners' medication management system has been proven to reduce medication-related problems for seniors in home health and community-based care management programs. By integrating risk screening into software and data collection processes already used by these programs, and adding a pharmacist to the team, the MMIS is a major advancement that requires a relatively minor adjustment in day-to-day practice for care managers and nurses. The Partners' team is working with multiple software vendors and potential sites in Florida, Illinois, and Texas to make medication risk screening and problem resolution a standard of practice for care management programs throughout the country.

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www.picf.org



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Call: (818) 837. 3775
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Quick Takes

The U.S. population age 65 and older is expected to double to 72 million by 2030 according to the U.S. Census Bureau.

The total cost of chronic conditions on the U.S. economy is \$1.3 trillion annually.

The cost of informal caregiving in terms of lost productivity to U.S. businesses ranges between \$17.1 billion and \$33.6 billion annually.

In LA County, 16.6% of aging adults are obese, which increases their risk for diabetes, heart disease, arthritis, asthma, and hypertension.

Our Guiding Principles:

Collaboration Innovation Impact

We believe that today's health care and social services need to change in fundamental ways.

This requires new strategies and **high-impact innovations.**

We seek to design, develop, pilot and disseminate new programs that will **serve as replicable models of care.**

Together with community-based organizations and public and private funders we work to create these fundamental changes.