


# Gardena Community Health & Resource Fair

Friday, January 29, 2010  
8:30 am - Noon

**Gardena Valley Japanese Cultural Institute**

**1964 West 162<sup>nd</sup> St.  
Gardena, CA 90247**



Please join us to learn about health programs and resources in your community that can help improve your health and quality of life.

## *Free Screenings*

- ✓ Vision
- ✓ Glucose
- ✓ Cholesterol
- ✓ Blood Pressure
- ✓ Fitness Tests

To attend RSVP  
to: JCI Office  
(310) 324-6611  
or email:  
[info@jci-gardena.org](mailto:info@jci-gardena.org)



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